

GriefShare

Q: Is GriefShare for me?

When a loved one dies, it can feel like you're alone. Few people understand how painful and isolating your grief can be. But that doesn't mean you have to suffer by yourself.

At GriefShare, you'll find a safe, comforting place where you can talk with others about your grief. You'll find support, direction, and guidance on how to make it through.

If you could use help with any of the topics below, GriefShare is for you.

Q: What topic are covered?

- Your Grief Journey
- Sadness & Loneliness
- Fear & Anxiety
- Anger
- Regrets
- Grief & Your Relationships
- Questions for God
- Hope & Resilience

And many more...

**When: Tuesdays, 6:00 - 8:00 p.m.
September 8 - December 1, 2026**

**Where: New Hope Church
33640 Michigan Ave.
Wayne, MI 48184**

**Contact: Jackie Morris
newhopewayne@gmail.com
734-728-2180**

Register: griefshare.org/findagroup

Books: \$10.00

Q: How will GriefShare help me?

At this 13-week grief recovery support group, you'll:

- Hear insights from grief recovery experts
- Meet others who understand what you're going through
- Receive comfort and support
- Learn practical tips for navigating your grief
- Discover the 6 signs of healing

Q: What should I expect at a group?

Each week you can expect to view a 30-minute video filled with helpful guidance, discuss grief-related issues, and gain personal recovery tips through your workbook.



3 key parts:



Video Seminar



Group Discussion



Personal Workbook